



UNITED WAY OF MONROE/LENAAWEE COUNTIES

2018

## FREE AND LOW-COST HEALTH SCREENINGS

### FREE medication drop off.

Dispose of any expired or unused prescription or over the counter medication. Drop off is anonymous, and any patient identifying information will be destroyed.

### MONROE—OCTOBER 18, 2018

8AM—NOON

Redeemer Baptist Church

5305 Evergreen Dr.

Monroe, MI 48161

(Main Entrance on S. Telegraph Rd.

just North of Dunbar Rd.)

### CARLETON—NOVEMBER 1, 2018

8AM—NOON

Carleton United Methodist Church 11435

Grafton Road

Carleton, MI 48117

### ADRIAN – October 4, 2018

8AM-NOON

First United Methodist Church

1245 W. Maple St.

Adrian MI 49221

### BEDFORD –May 2, 2019

8AM—NOON

Our Lady of Mt. Carmel Catholic Church

8330 Lewis Avenue

Temperance, MI 48182

### DUNDEE –May 9, 2019

8AM—NOON

Dundee Assembly of God Church

13790 South Custer Road Dundee, MI

48131

### ADULT VACCINES AVAILABLE

The following vaccines may be available to adults 19 years of age or older who are uninsured\*, or underinsured\* and meet certain risk factors: Td/Tdap, MMR, Hepatitis B, Hepatitis A. Flu and Pneumonia will be available for Medicare part B recipients.

\*Adults with vaccine insurance coverage or Medicaid do not qualify for this program.

**NO APPOINTMENT NECESSARY – MINORS MUST HAVE PARENT OR LEGAL GUARDIAN'S SIGNATURE**  
**ALL HEALTH CHECK SITES WILL OFFER THE FOLLOWING FREE TESTS AND SERVICES:**

Blood Pressure • Nutrition and Medication Counseling • Height/Weight Measurement

### THE FOLLOWING TESTS WILL BE AVAILABLE FOR A SMALL FEE:

ACCURATE RESULTS FOR SOME BLOOD TESTS REQUIRE FASTING FOR 12 HOURS. TAKE ALL MEDICATION WITH WATER ONLY.

**BLOOD PANEL—\$20** A 22-test profile that includes a complete blood cell count, liver, kidney and thyroid function, glucose, sodium, potassium, cholesterol, triglycerides, HDL, and LDL.

**HA1C—\$15** A blood test that aids in diagnosing and in monitoring diabetes.

**VITAMIN D--\$10** Measures how much **vitamin D** is in your body. **Vitamin D** is essential for healthy bones, and a lack of it can lead to health problems, including cardiovascular disease.

**COLORECTAL CANCER KITS—\$5** These are take home kits that may detect early warning signs of ulcers, cancer or colitis

**FOR MORE INFORMATION CONTACT: HEALTH CHECK AT (734) 242-1331**

SPONSORED BY:

United Way of Monroe/Lenawee Counties • ProMedica Monroe Regional Hospital • Family Medical Center of Michigan • RSVP • Monroe County Health Department

Carleton United Methodist Church • Redeemer Baptist Church • Our Lady of Mt Carmel Catholic Church • Dundee Assembly of God

\*All tests: subject to availability at time of Health Check